

Physical and Occupational Therapy Documentation Tips

The following are important documentation tips and strategies for ICD-10 compliance:

Condition/Concept	ICD-10 Documentation Tips
Bursitis or Tendonitis	Specific site: e.g. hand, knee, prepatellar, hip, shoulder, etc. Laterality: Right, Left, Bilateral
Carpal Tunnel Syndrome	Laterality: Right, Left, Bilateral
Cervicalgia	Underlying cause if known Differentiate between: Radiculitis, Radiculopathy
Disorder of Bursae	Specific site: Laterality: Right, Left, Bilateral Type: Bicipital, Tendonitis, Calcific tendonitis, Impingement, Bursitis Indicate Activity Causing the Disorder Reason for trauma: Use, Overuse, Pressure, Post-procedural complication Severity of Tear: Incomplete, Complete
Disturbance of Skin Sensation	Site: Upper leg, Lower leg, Right arm, Left arm Underlying cause when known List specific sensory disturbances: Hypoesthesia, Paresthesia, Hyperesthesia
Drug Underdosing	Document: Intentional versus Unintentional Reason for underdosing: Financial hardship, Age related dementia
Enthesopathy	Specific site Laterality: Right, Left, Bilateral
Injuries	Cause: Motor vehicle accident, Fall down stairs, etc Activity: Getting out of bed, Skateboarding, etc Intention: Accident, Assault, Self inflicted, Undetermined Location: Kitchen of residential home, Public Park, Apartment bathroom , etc Work status at time of injury: Military, Civilian, Hobby, recreational, etc
Joint Pain	Specific site: Ankle, Hip, Shoulder, Knee, Elbow, Wrist Laterality: Right, Left, Bilateral Indicate the presence or absence of hip dysplasia
Lateral Epicondylitis	Laterality: Right, Left, Bilateral
Limb Pain	Specific site and tissue involved (Bone, Joint, Muscle): Upper arm, Forearm, Hand/Finger, Lower Leg, Thigh, Foot/Toe Document Laterality: Right, Left, Bilateral
Lumbago	Identify the underlying cause of the Pain Differentiate between: radiculitis and radiculopathy Detail when lumbago is accompanied by Sciatica Laterality if sciatica is present: Right, Left
Neuritis and Radiculitis	Specific site Differentiate between radiculitis and radiculopathy Identify the underlying cause of the neuritis and radiculitis if known
Occupational Therapy	Type of Therapy: Bathing, Dressing, Feeding, Grooming, Home management, Psychosocial, Vocational activities, Functional community or work skills, Wound management Equipment used: Assistive, Adaptive, Supportive or protective, Orthotics, Prosthesis, Other equipment, No equipment needed

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Physical Therapy	<p>Type of therapy done: Bed mobility, Coordination, Gait training, Manual therapy techniques, Motor function, Muscle performance, Range of motion, Therapeutic exercise, Transfer training or wheelchair mobility</p> <p>Body System: Integumentary system, Musculoskeletal, Neurological</p> <p>Note the kind of equipment being used: Assistive, orthotic, prosthesis, other equipment</p>
Sciatica	<p>Laterality: Right, Left, Bilateral</p> <p>Underlying cause if known</p>
Sprain (Subluxation and/or Dislocation of Joints and/or Ligaments)	<p>Differentiate a sprain from a strain, and a subluxation from a dislocation</p> <p>Document: Initial encounter, Subsequent encounter, Sequela</p> <p>Specify Joint and/or ligament (e.g. coracohumeral, rotator cuff capsule, superior glenoid labrum, acromioclavicular joint, sternoclavicular joint)</p>
Strain (Injury of Muscle, fascia and/or Tendon)	<p>Differential a sprain from a strain</p> <p>Document: Initial encounter, Subsequent encounter, Sequela</p> <p>Specify Site (e.g. muscle/tendon or rotator cuff, muscle/fascia and tendon of long head of biceps, muscle/fascia/tendon of triceps)</p> <p>Laterality: Right, Left, Bilateral</p>
Tobacco Use Disorder	<p>Type: Cigarettes, Chewing tobacco, Other</p> <p>Delineate Between: Tobacco use/abuse, Tobacco dependence</p> <p>State of dependence: In remission, with withdrawal, without withdrawal</p> <p>Document if used during: pregnancy, childbirth, puerperium</p> <p>Describe history including product and time</p>

References:

<http://www.capefearvalley.com/cme/icd10doctips.html>