



## ICD-10 Documentation Tips

### Physical and Occupational Therapy Services

The following are important documentation tips and strategies for ICD-10 compliance:

General:

- a. Document diagnosis that were “present on admission” as POA.
- b. Include diagnoses monitored, treated, evaluated on discharge summary.
- c. Laterality should be specified for all body parts and sites.

Condition/Concept	ICD-10 Documentation Tips
<b>Bursitis or Tendinitis</b>	<b>Specific site:</b> e.g. hand, knee, prepatellar, hip, shoulder, etc. <b>Laterality:</b> Right, Left, Bilateral
<b>Carpal Tunnel Syndrome</b>	<b>Laterality:</b> Right, Left, Bilateral
<b>Cervicalgia</b>	<b>Underlying cause if known</b> <b>Differentiate between:</b> Radiculitis, Radiculopathy
<b>Disorder of Bursae</b>	<b>Specific site:</b> <b>Laterality:</b> Right, Left, Bilateral <b>Type:</b> Bicipital, Tendinitis, Calcific tendinitis, Impingement, Bursitis <b>Indicate Activity Causing the Disorder</b> <b>Reason for trauma:</b> Use, Overuse, Pressure, Post-procedural complication <b>Severity of Tear:</b> Incomplete, Complete

Condition/Concept	ICD-10 Documentation Tips
<b>Disturbance of Skin Sensation</b>	<b>Site:</b> Upper leg, Lower leg, Right arm, Left arm <b>Underlying cause when known</b> <b>List specific sensory disturbances:</b> Hypoesthesia, Paresthesia, Hyperesthesia
<b>Drug Underdosing</b>	<b>Document:</b> Intentional versus Unintentional <b>Reason for underdosing:</b> Financial hardship, Age related dementia
<b>Enthesopathy</b>	<b>Specific site</b> <b>Laterality:</b> Right, Left, Bilateral
<b>Injuries</b>	<b>Cause:</b> Motor vehicle accident, Fall down stairs, etc <b>Activity:</b> Getting out of bed, Skateboarding, etc <b>Intention:</b> Accident, Assault, Self inflicted, Undetermined <b>Location:</b> Kitchen of residential home, Public Park, Apartment bathroom , etc <b>Work status at time of injury:</b> Military, Civilian, Hobby, recreational, etc
<b>Joint Pain</b>	<b>Specific site:</b> Ankle, Hip, Shoulder, Knee, Elbow, Wrist <b>Laterality:</b> Right, Left, Bilateral <b>Indicate the presence or absence of hip dysplasia</b>
<b>Lateral Epicondylitis</b>	<b>Laterality:</b> Right, Left, Bilateral
<b>Limb Pain</b>	<b>Specific site and tissue involved (Bone, Joint, Muscle):</b> Upper arm, Forearm, Hand/Finger, Lower Leg, Thigh, Foot/Toe <b>Document Laterality:</b> Right, Left, Bilateral
<b>Lumbago</b>	<b>Identify the underlying cause of the Pain</b> <b>Differentiate between:</b> radiculitis and radiculopathy <b>Detail when lumbago is accompanied by Sciatica</b> <b>Laterality if sciatica is present:</b> Right, Left

Condition/Concept	ICD-10 Documentation Tips
<b>Neuritis and Radiculitis</b>	<b>Specific site</b> <b>Differentiate between</b> radiculitis and radiculopathy <b>Identify the underlying cause of the neuritis and Radiculitis if known</b>
<b>Occupational Therapy</b>	<b>Type of Therapy:</b> Bathing, Dressing, Feeding, Grooming, Home management, Psychosocial, Vocational activities, Functional community or work skills, wound management <b>Equipment used:</b> Assistive, Adaptive, Supportive or protective, Orthosis, Prosthesis, Other equipment, No equipment needed
<b>Physical Therapy</b>	<b>Type of therapy done:</b> Bed mobility, Coordination, Gait training, Manual therapy techniques, Motor function, Muscle performance, Range or motion, Therapeutic exercise, Transfer training or wheelchair mobility <b>Body System:</b> Integumentary system, Musculoskeletal, Neurological <b>Note the kind of equipment being used:</b> Assistive, orthosis, prosthesis, other equipment
<b>Sciatica</b>	<b>Laterality:</b> Right, Left, Bilateral <b>Underlying cause if known</b>
<b>Sprain (Subluxation and/or Dislocation of Joints and/or Ligaments)</b>	<b>Differentiate a sprain from a strain, and a subluxation from a dislocation</b> <b>Document:</b> Initial encounter, Subsequent encounter, sequel <b>Specify Joint and/or ligament</b> (e.g. coracohumeral, rotator cuff capsule, superior glenoid labrum, acromioclavicular joint, sternoclavicular joint)

Condition/Concept	ICD-10 Documentation Tips
<b>Strain (Injury of Muscle, fascia and/or Tendon)</b>	<b>Differential a sprain from a strain</b> <b>Document:</b> Initial encounter, Subsequent encounter, Sequela <b>Specify Site</b> (e.g. muscle/tendon or rotator cuff, muscle/fascia and tendon of long head of biceps, muscle/fascia/tendon of triceps) <b>Laterality:</b> Right, Left, Bilateral
<b>Tobacco Use Disorder</b>	<b>Type:</b> Cigarettes, Chewing tobacco, Other <b>Delineate Between:</b> Tobacco use/abuse, Tobacco dependence <b>State of dependence:</b> In remission, with withdrawal, without withdrawal <b>Document if used during:</b> pregnancy, childbirth, puerperium <b>Describe history</b> including product and time

References:

<http://www.capefearvalley.com/cme/icd10doctips.html>

*This ICD-10 Tipsheet is meant to assist providers for the transition from ICD-9-CM to ICD-10-CM. Content provided is informal guidance, and any definitive guidance is issued from CMS.*