



## Enterovirus D68

Enterovirus D68 (EV D68) has also been reported in Maine. People are more likely to get infected with enteroviruses in the summer and fall, and it is more likely in infants, children, teenagers, and people with weakened immune systems. EV-D68 can cause mild to severe respiratory symptoms. Children with asthma may have a higher risk for severe respiratory illness caused by EV-D68.

### *What are the signs and symptoms of Enterovirus D68?*

- Runny nose
- Sneezing
- Cough
- Body aches
- Difficulty breathing

### *What can be done to prevent Enterovirus D68?*

- Wash your hands frequently or use alcohol-based hand gel
- Cough or sneeze into your elbow or shoulder
- If you feel sick, stay home and avoid close contact with others
- Disinfect commonly used or high touch areas, like tables, counters, and doorknobs

### *Resources:*

- Health alert <http://go.usa.gov/vneh>
- CDC <http://www.cdc.gov/non-polio-enterovirus/about/overview.html>