



This serves as a brief summary report of the input provided by community members attending the 33 community forums and 67 community events that took place throughout Maine between November 2015 and May 2016.

Summary reports of input for counties and public health districts can be found at:

- Maine CDC: <http://www.maine.gov/dhhs/mecdc/phdata/SHNAPP/forums.shtml>
- EMHS: <http://www.emhs.org/Community-Benefit/CHNA.aspx>

### Community Forums

County/Forum Name Forums are listed alphabetically by county. Due to district activity, some forums are listed more than once.	Date	Location
Androscoggin County Forum	3/14/2016	Lewiston Public Library
Androscoggin Community Forum	3/22/2016	Auburn City Hall
Aroostook County Forum	11/4/2015	Presque Isle
Aroostook County Forum	11/17/2015	Houlton
Aroostook County Forum	1/7/2016	Fort Kent
Cumberland County Forum	1/11/2016	Portland
Cumberland County Forum	1/26/2016	Bridgton
Cumberland County Forum	2/2/2016	Standish
Franklin/Carrabassett Valley Community Forum	2/22/2016	Carrabassett Valley Library
Franklin/Spruce Mountain CHNA Forum	3/17/2016	Jay
Hancock County Forum	11/10/2015	Ellsworth
Kennebec-Somerset/Central DCC Waterville Forum	12/10/2015	Waterville Elks Club
Kennebec-Somerset/Central DCC Augusta Forum	12/11/2015	MaineGeneral Hospital
Knox County Forum	1/12/2016	Rockland
Oxford County Forum	1/23/2016	Bethel
Oxford County Forum	1/25/2016	South Paris

Summary Report of Forum & Event Input for Maine, July 2016

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Oxford County Forum	2/2/2016	Rumford
Penobscot County Forum	11/18/2015	Brewer
Penobscot County Forum	12/1/2015	Millinocket
Penobscot County Forum	1/21/2016	Old Town
Penobscot County Forum	1/26/2016	Lincoln
Piscataquis County Forum	11/12/2015	Dover-Foxcroft
Sagadahoc County Forum	3/25/2016	Bath
Somerset Public Health Annual Meeting-Forum	9/14/2015	Skowhegan Maine
Somerset-Kennebec/Central DCC Waterville Forum	12/10/2015	Waterville Elks Club
Somerset-Kennebec/Central DCC Augusta Forum	12/11/2015	MaineGeneral Hospital
Somerset County Forum	1/20/2016	Sebasticook Valley Hospital, Pittsfield
Waldo County Forum	1/27/2016	Belfast
Washington County Forum	11/20/2015	Machias
Washington County Forum	12/1/2015	Calais
York County Forum	12/14/2015	Wells
York County Forum	1/28/2016	Springvale
York County Forum	2/11/2016	Biddeford
<b>Total Attending Forums:</b>		<b>1,349</b>

### Community Events

Event Name Events are listed by county alphabetically, then by date. Not all counties had events related to Shared CHNA Reports.	Date	Location
Androscoggin County		
Androscoggin Chamber of Commerce	11/17/2015	Chamber of Commerce, Lewiston
Central Maine Healthcare Management Group	11/23/2015	Central ME Medical Center, Lewiston
Tri County Mental Health Board of Directors (serving Androscoggin, Cumberland, & Franklin Counties)	12/15/2015	Social Learning Center, Lewiston

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<b>Androscoggin County</b>		
St. Mary's Planning Committee	1/6/2016	St. Mary's Regional Medical Center, Lewiston
Healthy Androscoggin staff	1/11/2016	124 Lisbon St., Lewiston
Elder Abuse Task Force	1/15/2016	Seniors Plus, Lewiston
Healthy Androscoggin Board of Directors	1/21/2016	Healthy Androscoggin, Lewiston
Community Clinical Services Board Meeting	1/25/2016	B Street Health Center, Lewiston
Tri County Mental Health Services Joint Leadership Team (serving Oxford & Androscoggin Counties)	2/3/2016	Community Concepts Conference Room
La Recontre	2/11/2016	Franco Center, Lewiston
Jay, Livermore Falls, Livermore Chamber of Commerce (serving Franklin County also)	3/3/2016	LaFleurs Resturant, Jay
Sandcastle Clinical & Educational Services & LA Hearing Center	3/9/2016	Lewiston
Androscoggin -Maine Military Community Network	3/23/2016	1155 Lisbon Street, Lewiston
St. Mary's HIV Case Management	3/24/2016	Lewiston
<b>Aroostook County</b>		
Presque Isle Chapter of Rotary International	1/11/2016	Presque Isle
<b>Cumberland County</b>		
Tri County Mental Health Board of Directors (serving Androscoggin, Cumberland, & Franklin Counties)	12/15/2015	Social Learning Center, Lewiston
Brunswick School Dept. Administrative Council (serving Sagadahoc County residents also)	2/23/2016	Brunswick
Access Health/MSAD 75 Administrative Team (serving Sagadahoc County residents also)	3/1/2016	Topsham
Opiate Community Discussion (serving Sagadahoc County residents also)	3/29/2016	Brunswick
UU Church Health Inequity Group (serving Sagadahoc County residents also)	4/8/2016	Brunswick
Access Health Advisory Board (serving Sagadahoc County residents also)	4/14/2016	Mid Coast Behavioral Health, Brunswick
ME Behavioral Healthcare KI Interview	4/15/2016	Portland
Community Mental Health Taskforce (serving Sagadahoc County residents also)	4/21/2016	Mid Coast Hospital, Brunswick

Summary Report of Forum & Event Input for Maine, July 2016

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Franklin County		
Healthy Oxford Hills Coalition Meeting	1/26/2016	Norway
Tri County Mental Health Services Joint Leadership Team (serving Oxford & Androscoggin Counties)	2/3/2016	Community Concepts Conference Room
Primary Care Service	2/11/2016	Franklin Memorial Hospital, Farmington
University of Maine Key Informant Interview	2/24/2016	UMF, Farmington
Jay, Livermore Falls, Livermore Chamber of Commerce (serving Androscoggin County also)	3/3/2016	LaFleurs Resturant, Jay
Franklin Resource Collaborative	3/9/2016	Farmington
Franklin County Children’s Task Force Key Informant Interview	3/2016	Franklin Memorial Hospital, Farmington
RSU 9 Key Informant Interview	3/2016	Mt. Blue High School, Farmington
RSU 73 Key Informant Interview	3/2016	Spruce Mountain School District, Jay
Kennebec County		
MaineGeneral Board of Directors Meeting	1/4/2016	Alfond Center for Health in Augusta
MaineGeneral Medical Directors Meeting	1/11/2016	Alfond Center for Health in Augusta
Primary Care Transformation (PCT) Leadership Team	1/19/2016	Alfond Center for Health in Augusta
HCCA HealthReach Community Health Center Board Of Directors	1/27/2016	Waterville
MaineGeneral Leadership Council	2/9/2016	Thayer Center for Health in Waterville
HCCA-MeHAF Healthy Communities Planning Team	2/18/2016	Augusta, KBH Conference Room
Southern Kennebec Social Services Meeting	3/1/2016	Family Violence Project in Augusta
HCCA-Capital Area Food Council	3/10/2016	Gardiner
Healthy People of the Kennebec Valley Event	3/23/2016	Alfond Center for Health in Augusta
Knox County		
St. George Community Meeting	1/19/2016	St. George
Nursing Leadership Meeting	1/21/2016	Pen Bay Medical Center, Rockport
Union Community Meeting	2/3/2016	Union

Summary Report of Forum & Event Input for Maine, July 2016

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<b>Knox County</b>		
All Department Leadership Meeting	4/8/2016	Pen Bay Medical Center, Rockport
<b>Oxford County</b>		
Healthy Oxford Hills Coalition Meeting	1/26/2016	Norway
Tri County Mental Health Services Joint Leadership Team (serving Oxford & Androscoggin Counties)	2/3/2016	Community Concepts Conference Room
<b>Sagadahoc County</b>		
Access Health/RSU #1 Administrative Team	2/23/2016	Bath
Access Health/Brunswick School Dept. Administrative Council (Part of Access Health's service area)	2/23/2016	Brunswick
Access Health/MSAD 75 Administrative Team	3/1/2016	Topsham
Opiate Community Discussion (Included residents of Sagadahoc County)	3/29/2016	Brunswick
Unitarian Universalist Health Inequity Group (Included residents of Sagadahoc County)	4/8/2016	Brunswick
Access Health Advisory Board (Included residents of Sagadahoc County)	4/14/2016	Brunswick
Community Mental Health Taskforce (Included residents of Sagadahoc County)	4/21/2016	Brunswick
<b>Somerset County</b>		
Community Health Issues Survey	9/11/2015	Redington Fairview General Hospital, Skowhegan
RFGH Better Breathers (pulmonary support)	2/18/2016	Redington-Fairview General Hospital, Skowhegan
RFGH Cancer Support Group	2/23/2016	Redington-Fairview General Hospital, Skowhegan
<b>Waldo County</b>		
Liberty Community Meeting	2/9/2016	Liberty
Belfast Children's Coalition	3/3/2016	Belfast
All Department Leadership Meeting	3/22/2016	Waldo County Hospital, Belfast
PCP Meeting	4/19/2016	Waldo County Hospital, Belfast

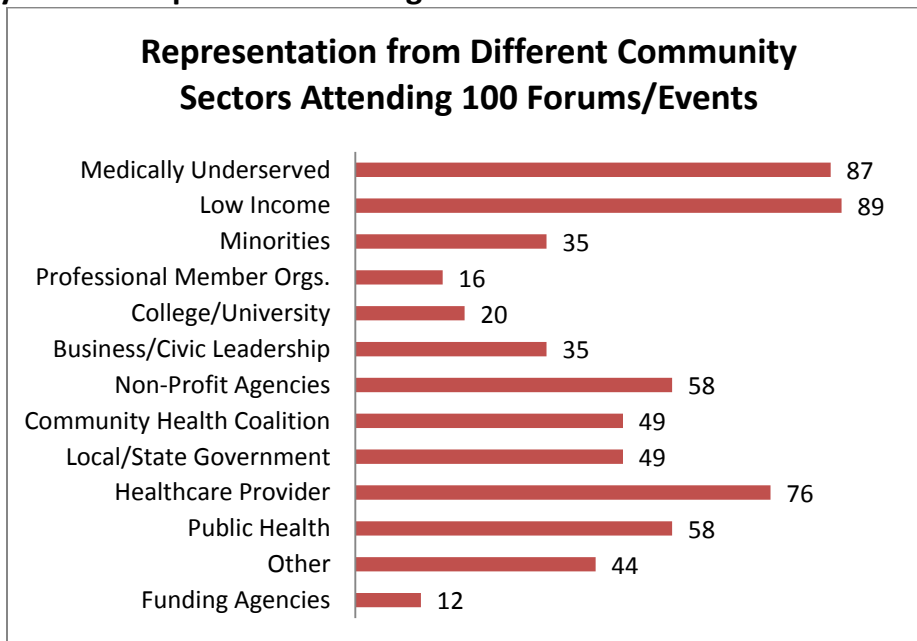
Summary Report of Forum & Event Input for Maine, July 2016

Event Name Events are listed by county alphabetically, then by date. Not all counties had events related to Shared CHNA Reports.	Date	Location
<b>York County</b>		
York District Public Health Obesity Work Group	12/2/2015	Biddeford
Choose To Be Healthy Advisory Board Meeting	12/8/2015	York
York Senior Center	5/26/2016	Sanford
<b>State-wide Events</b>		
Quality Counts Webinar	11/10/15	web-based
OMNE Nurse Leaders	12/18/15	Bangor
ME Public Health Association Webinar	1/20/16	web-based
Statewide Coordinating Council Meeting	3/17/16	Augusta Armory
<b>Total Attending Events:</b>		<b>1,837</b>

**Total Attending Forums & Events 3,186**

*Attendance numbers may contain duplicates if one person attended more than one event.*

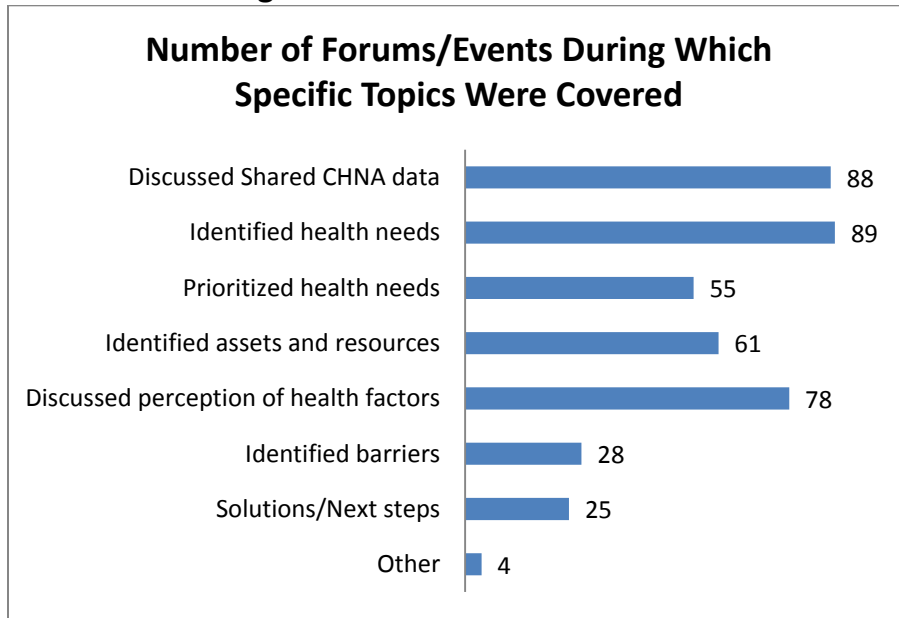
**Community Sectors Represented During Forums and Events**



“Medically underserved,” “low income,” and “racial/ethnic minorities” are sub-populations named specifically by the Department of Treasury/IRS regulations.

“Other” included: People with HIV/AIDS, Attorney, Seniors/Retired/Senior-serving organizations, Schools/Administrators, Clergy/Faith communities, Media, Child Protective Services, Parents (child with disabilities), Healthcare administration, Law enforcement, Youth, Wellness provider, Employment service, LBGT, People in recovery, Federal government, Farmer.

## Type of Input Obtained During Forums and Events



“Other” included: Needs specific to the veteran population, Who else to include, District MIYHS data, Role of employers.

## Community Forums

Forums, organized and co-led by Maine CDC District Liaisons (DLs) and SHNAPP hospital community benefit representatives, typically consisted of a prepared Power Point presentation followed by breakout sessions on health topics. In general, breakout sessions obtained input about:

- Summary statements about the issue and/or its effect on the community
- Identification of local assets and resources to address the issue
- Identification of barriers to addressing the health issue or needs of the community before more adequately addressing the issue
- Ideas for next steps, how to solve the health issue, who to include, and what the community should look like in the future

**Topics of breakout sessions during forums are noted below by frequency.**

- Substance Abuse (30)
- Obesity (26) & Physical Activity/Nutrition (9)
- Mental Health/Depression (18)
- Tobacco (5)
- Cardiovascular Disease (5)
- Cancer (2)
- Lyme Disease/Infectious Disease (2)
- Diabetes, Senior Health/Aging in Place, Poverty, Vision Rehabilitation, Hoarding, Food Insecurity: discussed once as a breakout session topic

**Other issues identified during forums:**

- Oral health/Dental care and access to services
- Environmental Health (arsenic -totally preventable, lead/kids, screening)
- Domestic Violence data seems low (under-reported?)
- Need better data on substance abuse hospital admissions
- Need better/more focus on cardiac disease; Chronic disease (hypertension, cardiovascular disease)
- Women's health as a focus issue
- Cancer prevention and support services
- Lyme disease
- Physical Disabilities; More data on people with disabilities
- Youth (middle and high school students) ; Teen Pregnancy
- Electronic cigarette use tripled in the last year (2014-2015) in the US and this emerging issue isn't captured in the data
- Aging
  - 65 + living alone; 40% Elderly need to be cared for
- Dementia and care-giving support
- Lung cancer rates are high for Penobscot County
- Pain management, chronic pain management
- Primary Care Providers (PCP) are having to do a lot of prescribing for mental health issues
- On a positive note-drinking and driving rates seem better now than "back in the day"
- Smoking
- Diabetes
- Respiratory disease
- Sexually Transmitted Diseases (STDs)
- Mental Health

**Other health factors identified during forums:**

- Poverty
- Transportation
- Interpersonal Violence (ACEs, domestic violence, sexual assault, bullying)
- Access to services
- Increase utilization of primary care over Emergency Department/Express Care
- Public health policy
- Affordable housing
- Mounting levels of stress
- Teaching meditation at young ages
- Health Literacy; Literacy
- People who have/or not, advanced directives and proxy for health care
- Eye care
- Employment
- Preventive services
- Access to healthy food



## Community Events

Events were organized and carried out by community stakeholders (including Maine CDC DLs, SHNAPP hospital employees, or others who sat on local community engagement committees). Typically already formed groups or organizations held a presentation about the Shared CHNA data and discuss their reactions based on the group leader's questions. In general, input from events consisted of brief summary statements or questions about health issues and health factors affecting the geographic area.

Four events took place that addressed state-level Shared CHNA concerns.

[1] Quality Counts webinar, "Help Define Maine's Health Priorities: Turning SHNAPP Data into Action"

[2] OMNE Nursing Leaders of Maine Shared CHNA Presentation

[3] Maine Public Health Association webinar, "Shared CHNA: Creating the Story of Our Data"

[4] Statewide Coordinating Council for Public Health Maine Shared CHNA Presentation

Input from these events focused on either the community engagement process (what was discussed during forums/events) and what else is needed or the next steps for the SHNAPP process.

### **Related to the community engagement process or additional health topic concerns, groups identified:**

- Input from a variety of people and sectors is important – helps us to tailor work for specific populations and local areas
- Sharing the data is important – it is an opportunity to raise awareness
- Community engagement should foster collaboration and breakdown siloes
- Incorporate community engagement input into Shared CHNA Reports
- Topics that should have more prominence include:
  - Tobacco as it is related to four of the five leading causes of death in Maine and correlates to certain cancer rates
  - Cancer
  - Elder issues (isolation, frailty, caregiving)
  - Addiction (treatment access, Suboxone access)
  - Transportation
  - Housing adequacy (due to the relationship with respiratory issues)

### **Discussion on state-level next steps included issues from the forums that should be considered when working on the State Health Improvement Plan (SHIP):**

- Access to services is a need across topics
- ACES, resiliency and positive youth development came up in several topic areas (Should there be a bullet for "poverty" since it came up so often?)
- Focus on evidence-based practices
- Don't address issues in siloes
- Data should inform policy decisions and resource allocation

**Suggestions for needed tools, resources and activities included:**

- Marketing, mass communications
- Address social determinants
- Consider the “Health in All Policies” and “Culture of Health” frameworks
- Connect local efforts while supporting fine-grained interventions of specific areas and or populations
- Connect to economics and businesses

**Community Engagement Debriefing Survey**

During April and May 2016, an online Community Engagement Debriefing Survey was sent out to participants of the SHNAPP Community Engagement forums and events. Approximately 868 people received the survey and 204 responded. In summary:

- Input from a variety of people and sectors is important – helps us to tailor work for specific populations and local areas
- Sharing the data is important – it is an opportunity to raise awareness
- Community engagement should foster collaboration and breakdown siloes
- From the survey, participants found the community forums and events to be helpful, but did not feel this strongly
- Participants were less sure the forums would lead to future action
- Over half of those completing the survey wanted to stay engaged in the future on health improvement efforts

If you are interested in reviewing individual reporting forms represented in this summary, please contact [communitybenefits@emhs.org](mailto:communitybenefits@emhs.org)