

KENNEBEC COUNTY KEY FINDINGS

- 2008 Population Estimate = 121,151
- 2008 Median Household Income 2008 = \$46,231
- 15% of residents are age 65+
- 25% of residents enrolled in Medicaid

Health Risks and Challenges

Health Assets and Opportunities

Risk Factors

- **Access to Care:** High percentage of males without a usual source of care [KEN=21%, ME=18%]
- **Prevention:** High percentage with no medical checkup in past 2 years [KEN=12%, ME=10%]
- **Smoking:** Low percentage of current smokers advised to quit by provider in past year [KEN=62%, ME=72%]
- **Alcohol and Substance Use:** High percentage among elderly (65+) of past month chronic heavy drinking [KEN=5.7%, ME=4.5%] and binge drinking [KEN=4.8%, ME=3.6%]
- **Youth (Grades 9-12):** High percentage using smokeless tobacco [KEN=11%, ME=9.5%]

- **Prevention:**
 - High percentage of 50+ males with prostate exam (PSA test) in past 2 years [KEN=77%, ME=69%]
 - Highest percentage of diabetics in any county reporting having taken a diabetes self management course [KEN=70%, ME=54%]
- **Alcohol and Substance Use:** Low percentage of adults with substance abuse problem [KEN=0.1%, ME=1.5%]
- **Developmental Delay/Disability:** Lowest percentage of parents reporting youth (0-17) with developmental delay or disability of any county [KEN=2.7%, ME=4.5%]

Disease Incidence & Prevalence

- **Asthma:** High prevalence of youth asthma [KEN=8.5%, ME=6.1%]
- **COPD:** High COPD prevalence [KEN=5.5%, ME=4.2%]
- **Cancer:** High prevalence of ever diagnosed cancer [KEN=8.4%, ME=7.5%]
- **Diabetes:** Highest prevalence of any county for 18-44 year olds [KEN=9%, ME=3%] and for 45-64 year olds [KEN=18%, ME=13%]
- **Arthritis:** Highest percentage of elderly (65+) with arthritis of any county [KEN=66%, ME=59%]
- **Mental Health:**
 - Highest percentage of any county reporting receipt of mental health services in past year [KEN=14%, ME=11%]
 - 2nd Highest percentage of any county reporting unmet mental health treatment needs in past year [KEN=6.5%, ME=4.8%]
 - High percentage of adults with current depression [KEN=17%, ME=15%]

- **Cancer:** Low incidence of bladder, colorectal, and melanoma cancers
- **Infectious Disease:** Low incidence of most sexually transmitted diseases

Health Risks and Challenges

Health Assets and Opportunities

Hospital Utilization & Mortality Rates

- | | |
|--|--|
| <ul style="list-style-type: none"> • Hospital Admissions: <ul style="list-style-type: none"> ○ High hospital admission rate for AMI and hip procedures ○ High hospital admission rates for psychoses, bipolar disorder, and anxiety ○ High hospital admission rates for substance abuse and for alcohol- and drug- related mental disorders • Emergency Department (ED) Visits: <ul style="list-style-type: none"> ○ High rate of ambulatory care sensitive condition ED visits for youth (0-17) and non-elderly adults (18-64) ○ High rate of pneumonia and COPD ED visits ○ High rate of ED visits for uncontrolled diabetes ○ High rate of ED visits for drug-related mental disorders and psychoses • Mortality: <ul style="list-style-type: none"> ○ High mortality rate for pneumonia and diabetes ○ High mortality rate for breast, cervical, melanoma, and prostate cancers ○ Highest motor vehicle accident mortality rate of any county among females | <ul style="list-style-type: none"> • Low ambulatory care sensitive condition hospital admission rate for youth (0-17) • Low CHF and respiratory disease hospital admissions • Low suicide mortality |
|--|--|

Note: The term high connotes a result at least 10% greater than Maine result. The term low connotes a result at least 10% less than the Maine result. Highest and 2nd highest are based on comparisons between Maine counties. Additional detail on indicators and data sources can be found in full report – Appendix 9: Detailed Data Sources

| | Kennebec | Maine | Maine Counties Source |
|--|----------|-----------|-----------------------------------|
| DEMOGRAPHICS | | | |
| Total Population | 121,151 | 1,319,691 | 2008 Census Estimates |
| Median Annual Household Income (to 2008) | \$46,231 | \$46,807 | ME SPO Data Center |
| % of Labor Force Unemployed | 7.3% | 7.8% | ME Dept Labor |
| % Population Not Attaining H.S. Diploma (>25 yr) | 15% | 15% | 2000 Census |
| % Population on Medicaid (all ages) | 25% | 23% | 2004 CMS, HRSA Area Resource File |
| % Population Under the Age of 18 | 21% | 21% | 2008 Census Estimates |
| % Population Age 65 and Over | 15% | 15% | 2008 Census Estimates |
| % Uninsured Non-Elderly Adults (Ages 18-65) | 16% | 16% | Household Survey |
| HEALTH STATUS | | | |
| % Health Fair to Poor | 15% | 15% | Household Survey |
| % 11+ Days Lost due to Poor Mental or Physical Health | 7% | 8% | Household Survey |
| % 3+ Chronic Conditions | 15% | 13% | Household Survey |
| Wellness Categories: | | | |
| %Well | 31% | 34% | Household Survey |
| %At Risk for Future Medical Problems | 10% | 8% | Household Survey |
| %Some Health Problems | 35% | 36% | Household Survey |
| %Not Well | 24% | 23% | Household Survey |
| ACCESS TO CARE | | | |
| % Without Usual Source of Primary Care (Males) | 21% | 18% | Household Survey |
| % Without Usual Source of Primary Care (Females) | 6.9% | 8.3% | Household Survey |
| % Named hospital or ER as usual source of care | 1.0% | 1.9% | Household Survey |
| % Not Having a Checkup Within the Past 2 yrs (Males) | 18% | 15% | Household Survey |
| % Not Having a Checkup Within the Past 2 yrs (Females) | 7.5% | 6.4% | Household Survey |
| % Received Flu Shot or Mist past 12 months | 39% | 42% | Household Survey |
| % Ever Received Pneumococcal Vaccine (Age 65+) | 73% | 73% | Household Survey |
| % Needed Medical Care But Could not Afford it: Past Year | 6.7% | 6.5% | Household Survey |
| % No Dental Visit in Past 2 Years | 22% | 24% | Household Survey |
| ED Visits per 100,000 population | 54,082 | 47,665 | MHDO Hosp ED |
| Ages 65+ | 46,513 | 49,497 | MHDO Hosp ED |
| Hospitalizations per 100,000 Population | 12,278 | 12,076 | MHDO Hosp Inpatient |
| Ages 65+ | 30,244 | 31,396 | MHDO Hosp Inpatient |
| QUALITY/EFFECTIVENESS | | | |
| Ambulatory Care Sensitive Condition (ACSC), Hospital Admission Rate (Overall PQI*) | 927 | 967 | MHDO Hosp Inpatient |
| Ages 0-17 | 143 | 191 | MHDO Hosp Inpatient |
| Ages 18-44 | 253 | 234 | MHDO Hosp Inpatient |
| Ages 45-64 | 720 | 707 | MHDO Hosp Inpatient |
| Ages 65+ | 3,921 | 4,166 | MHDO Hosp Inpatient |
| Ambulatory Care Sensitive Condition (ACSC), ED Visit Rate (Overall PQI*) | 3,358 | 3,073 | MHDO Hosp Inpatient |
| Ages 0-17 | 2,359 | 1,994 | MHDO Hosp Inpatient |
| Ages 18-44 | 3,761 | 2,868 | MHDO Hosp Inpatient |
| Ages 45-64 | 2,626 | 2,374 | MHDO Hosp Inpatient |
| Ages 65+ | 5,328 | 6,375 | MHDO Hosp Inpatient |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|------------------------------|--|----------|-------|-----------------------|
| CARDIOVASCULAR HEALTH | | | | |
| Risk Factors | % Current Smokers (Age 18+) | 24% | 22% | Household Survey |
| | % Sedentary Lifestyle (measured by no physical activity) | 20% | 21% | Household Survey |
| | % Overweight (Ages 18+) | 34% | 37% | Household Survey |
| | % Obesity (Ages 18+) | 31% | 28% | Household Survey |
| Disease Prevalence | % High Cholesterol | 27% | 29% | Household Survey |
| | % High Blood Pressure | 31% | 30% | Household Survey |
| | % Heart Disease | 5.6% | 6.3% | Household Survey |
| Management | Congestive Heart Failure, Hospital Admissions | 247 | 283 | MHDO Hosp Inpatient |
| | AMI, Hospital Admission Rate | 272 | 211 | MHDO Hosp Inpatient |
| | Ages 45-64 | 204 | 157 | MHDO Hosp Inpatient |
| | Ages 65+ | 1,337 | 1,037 | MHDO Hosp Inpatient |
| | Cerebrovascular Disease (stroke), Hospital Admission Rate | 147 | 149 | MHDO Hosp Inpatient |
| | CABG, Hospital Admission Rate | 66 | 62 | MHDO Hosp Inpatient |
| | % Having Cholesterol Checked within the past year (Ages 21+) | 65% | 63% | Household Survey |
| | % Smokers advised to quit smoking in the past yr. | 62% | 72% | Household Survey |
| Quality/Effectiveness | AMI, Mortality Rate | 50 | 45 | ODRVS Mortality |
| | Ages 65+ | 275 | 232 | ODRVS Mortality |
| | Cerebrovascular Disease (stroke), Mortality Rate | 54 | 49 | ODRVS Mortality |
| | Ages 65+ | 331 | 294 | ODRVS Mortality |
| | Heart Disease, Mortality Rate | 200 | 202 | ODRVS Mortality |
| | Ages 65+ | 1,117 | 1,101 | ODRVS Mortality |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

Overall PQI = methodology based on AHRQ Prevention Quality Indicators using 13 identified conditions

| | | Kennebec | Maine | Maine Counties Source |
|---------------------------|--|----------|-------|-----------------------|
| RESPIRATORY HEALTH | | | | |
| | % Current Smokers (Male) | 26% | 23% | Household Survey |
| | % Current Smokers (Female) | 22% | 20% | Household Survey |
| | % Former Smokers | 33% | 31% | Household Survey |
| Disease Prevalence | % Current Asthma (Ages 18+) | 11% | 10% | Household Survey |
| | % Ever Asthma (Ages 0-17) | 8.5% | 6.1% | Household Survey |
| | % COPD | 5.5% | 4.2% | Household Survey |
| | Lung and Broncus Cancer, Males, Incidence Rate | 103 | 105 | ME CDC Cancer Reg |
| | Lung and Broncus Cancer, Females, Incidence Rate | 82 | 86 | ME CDC Cancer Reg |
| Management | % Received Flu Shot or Mist past 12 months | 39% | 42% | Household Survey |
| | % Ever Received Pneumoccal Vaccine (Ages 65+) | 73% | 73% | Household Survey |
| | Bronchitis and Asthma, Hospital Admission Rate Ages 65+ | 65 | 87 | MHDO Hosp Inpatient |
| | Bronchitis and Asthma, ED Visit Rate Ages 65+ | 90 | 114 | MHDO Hosp Inpatient |
| | Bronchitis and Asthma, ED Visit Rate Ages 65+ | 931 | 988 | MHDO Hosp ED |
| | COPD, Hospital Admission Rate Ages 65+ | 431 | 632 | MHDO Hosp ED |
| | COPD, Hospital Admission Rate | 208 | 284 | MHDO Hosp Inpatient |
| | COPD, ED Visit Rate Ages 65+ | 1,167 | 998 | MHDO Hosp Inpatient |
| | Pneumonia, Hospital Admission Rate Ages 65+ | 1,801 | 1,914 | MHDO Hosp Inpatient |
| | Pneumonia, Hospital Admission Rate Ages 65+ | 302 | 326 | MHDO Hosp Inpatient |
| | Pneumonia, ED Visit Rate Ages 65+ | 1,236 | 1,402 | MHDO Hosp Inpatient |
| | Pneumonia, ED Visit Rate Ages 65+ | 683 | 505 | MHDO Hosp Inpatient |
| | Emphysema, Hospital Admission Rate Ages 65+ | 917 | 1,053 | MHDO Hosp Inpatient |
| | Emphysema, Hospital Admission Rate Ages 65+ | 12 | 23 | MHDO Hosp Inpatient |
| | Emphysema, Hospital Admission Rate Ages 65+ | 33 | 79 | MHDO Hosp Inpatient |
| | % Current Smokers advised to quit smoking in the past year | 62% | 72% | Household Survey |
| | % Current smokers tried to quit in past year | 55% | 54% | Household Survey |
| | % Current smokers ever used Maine Tobacco Quitline | 20% | 19% | Household Survey |
| | Lung Cancer, Mortality Rate (Males) | 76 | 78 | ODRVS Mortality 07-09 |
| | Lung Cancer, Mortality Rate (Females) | 62 | 61 | ODRVS Mortality 07-09 |
| | COPD, Mortality Rate (Ages 65+) | 331 | 332 | ODRVS Mortality 07-09 |
| | Pneumonia, Mortality Rate (Ages 65+) | 116 | 103 | ODRVS Mortality 07-09 |
| | Smoking-Related Neoplasms, Mortality Rate (Males) | 206 | 205 | ODRVS Mortality 07-09 |
| | Smoking-Related Neoplasms, Mortality Rate (Females) | 155 | 150 | ODRVS Mortality 07-09 |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|---------------------------|--|----------|-------------------|-----------------------|
| CANCER HEALTH | | | | |
| | All Cancers, Incidence Rate | 609 | 629 | ME CDC Cancer Reg |
| | Bladder, Incident Rate | 29 | 35 | ME CDC Cancer Reg |
| | Female Breast Cancer, Incidence Rate | 166 | 162 | ME CDC Cancer Reg |
| | Female Cervix Uteri, Incidence Rate | 8.0 | 7.3 | ME CDC Cancer Reg |
| | Colorectal, Incidence Rate | 55 | 62 | ME CDC Cancer Reg |
| | Lung and Bronchus Cancer, Incidence Rate | 92 | 95 | ME CDC Cancer Reg |
| | Melanoma, Incidence Rate | 22 | 26 | ME CDC Cancer Reg |
| | Male Prostate, Incidence Rate | 193 | 187 | ME CDC Cancer Reg |
| | | | | |
| Management / Patient Care | % Reported Mammogram past year (40+) | 72% | 69% | Household Survey |
| | % Stage Female Breast, Local | 65% | 66% | ME CDC Cancer Reg |
| | % Stage Female Breast, Distant | 2.6% | 3.8% | ME CDC Cancer Reg |
| | | | | |
| | % Reported Pap Smear past 2 years | 77% | 70% | Household Survey |
| | % Stage Cervix Uteri Female, Local | 33% | 52% | ME CDC Cancer Reg |
| | % Stage Cervix Uteri Female, Distant | 27% | 14% | ME CDC Cancer Reg |
| | | | | |
| | % Reported Blood Stool Test Past Year (Age 50+) | 20% | 20% | BRFSS 2006/2008 |
| | % Reported Having Sigmoid/Colonoscopy Past 5 Yrs (Age 50+) | 68% | 63% | Household Survey |
| | % Stage Colorectal, Local | 46% | 47% | ME CDC Cancer Reg |
| | % Stage Colorectal, Distant | 19% | 17% | ME CDC Cancer Reg |
| | | | | |
| | % Stage Lung and Brunchus Male, Local | 13% | 16% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Male, Distant | 48% | 50% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Female, Local | 18% | 21% | ME CDC Cancer Reg |
| | % Stage Lung and Brunchus Female, Distant | 54% | 47% | ME CDC Cancer Reg |
| | | | | |
| | % Reported Prostate Exam (PSA test) past 2 yrs (males Age 50+) | 77% | 69% | Household Survey |
| | % Reported Digital Rectal Exam past 2 years (males Age 50+) | 67% | 68% | Household Survey |
| % Stage Prostate, Local | 75% | 76% | ME CDC Cancer Reg | |
| % Stage Prostate, Distant | 6.2% | 3.8% | ME CDC Cancer Reg | |
| | | | | |
| Quality/Effectiveness | All Cancers, Mortality Rate | 244 | 234 | ODRVS Mortality |
| | Bladder, Mortality Rate | 6.9 | 7.5 | ODRVS Mortality |
| | Female Breast Cancer, Mortality Rate | 33 | 28 | ODRVS Mortality |
| | Female Cervix Uteri, Mortality Rate | 3.2 | 2.5 | ODRVS Mortality |
| | Colorectal, Mortality Rate | 22 | 21 | ODRVS Mortality |
| | Lung, Mortality Rate | 69 | 69 | ODRVS Mortality |
| | Melanoma, Mortality Rate | 5.0 | 3.6 | ODRVS Mortality |
| | Male Prostate, Mortality Rate | 28 | 23 | ODRVS Mortality |
| | | | | |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|---|--|----------|-------|-----------------------|
| DIABETES HEALTH | | | | |
| Disease Prevalence | % Diagnosed Diabetes | 12% | 10% | Household Survey |
| | Ages 18-44 | 9.0% | 2.9% | Household Survey |
| | Ages 45-64 | 18% | 13% | Household Survey |
| | Ages 65+ | 24% | 21% | Household Survey |
| Management | % Reported hemoglobin A1c measurement (at least once) in past year (Age 18+) | 93% | 89% | Household Survey |
| | % Reported pupil dilation eye exam in past yr (age 18+) | 79% | 76% | Household Survey |
| | % Reported foot examination in past yr (Age 18+) | 78% | 78% | Household Survey |
| | % Reported ever taken diabetes self management course (Age 18+) | 70% | 54% | Household Survey |
| | Diabetes, Hospital Admission Rate | 70 | 79 | MHDO Hosp Inpatient |
| | Ages 18-44 | 63 | 75 | MHDO Hosp Inpatient |
| | Ages 45-64 | 75 | 75 | MHDO Hosp Inpatient |
| | Ages 65+ | 112 | 150 | MHDO Hosp Inpatient |
| | Diabetes Short-term Complications, ACSC ED Visit Rate | 4 | 9 | MHDO Hosp Inpatient |
| | Diabetes Long-term Complications, ACSC ED Visit Rate | 86 | 111 | MHDO Hosp Inpatient |
| Diabetes Uncontrolled, ACSC ED Visit Rate | 13 | 11 | | |
| Quality | Diabetes, Mortality Rate | 31 | 26 | ODRVS Mortality |
| | Ages 65+ | 147 | 126 | ODRVS Mortality |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|--|--|-----------------------------------|-------|-----------------------|
| MENTAL HEALTH | | | | |
| Risk Factors | % 11+ Days Mental Health Not Good | 11% | 11% | BRFSS 2008 + 2009 |
| | Ages 65+ | 5.1% | 6.1% | BRFSS 2008 + 2009 |
| | % needed, but did not get, mental health treatment in past 12 months | 6.5% | 4.8% | Household Survey |
| Disease Prevalence | % receiving outpatient mental health treatment in past 12 mos | 14% | 11% | Household Survey |
| | % At Risk for Clinical Depression Based on MHI5 (18+) | 6.8% | 7.2% | Household Survey |
| | % Diagnosed Depression (ever, 18+) | 24% | 22% | Household Survey |
| | % Current Depression (18+) | 17% | 15% | Household Survey |
| | % Diagnosed Other Psychiatric Disorder (ever, 18+) | 14% | 13% | Household Survey |
| | % Developmental Delay/Learning Disability (Ages 0-17) | 2.7% | 4.5% | Household Survey |
| | Management | Psychoses Hospital Admission Rate | 703 | 578 |
| Ages 65+ | | 256 | 246 | MHDO Hosp Inpatient |
| Senility and Organic Mental Disorders, Hospital Admission Rate | | 7.0 | 8.6 | MHDO Hosp Inpatient |
| Ages 65+ | | 44 | 50 | MHDO Hosp Inpatient |
| Major Depressive Disorder, Hospital Admission Rate | | 151 | 157 | MHDO Hosp Inpatient |
| Ages 0-17 | | 51 | 85 | MHDO Hosp Inpatient |
| Ages 18-64 | | 202 | 196 | MHDO Hosp Inpatient |
| Ages 65+ | | 74 | 93 | MHDO Hosp Inpatient |
| Bipolar Disorder, Hospital Admission Rate | | 329 | 280 | MHDO Hosp Inpatient |
| Ages 65+ | | 82 | 88 | MHDO Hosp Inpatient |
| Schizophrenia, Hospital Admission Rate | | 194 | 114 | MHDO Hosp Inpatient |
| Ages 65+ | | 74 | 39 | MHDO Hosp Inpatient |
| Anxiety, Hospital Admission Rate | | 411 | 269 | MHDO Hosp Inpatient |
| Ages 65+ | | 71 | 70 | MHDO Hosp Inpatient |
| Senility and Organic Mental Disorders, ED Rate | | 38 | 28 | MHDO Hosp ED |
| Major Depressive Disorder, ED Rate | | 111 | 109 | MHDO Hosp ED |
| Bipolar Disorder, ED Rate | | 137 | 166 | MHDO Hosp ED |
| Schizophrenia, ED Rate | | 55 | 70 | MHDO Hosp ED |
| Anxiety Disorder, ED Rate | | 1,729 | 1,618 | MHDO Hosp ED |
| | | Suicide, Mortality Rate (Males) | 20 | 23 |
| | Suicide, Mortality Rate (Females) | 4.3 | 5.4 | ODRVS Mortality |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|---|---|----------|------------------|-----------------------|
| SUBSTANCE ABUSE | | | | |
| Prevalence | % Chronic Heavy Drinking - Past Month | 6.1% | 6.4% | BRFSS 2008 & 2009 |
| | Ages 65+ | 5.7% | 4.5% | BRFSS 2008 & 2009 |
| | % Binge Drinking -Past Month | 14% | 15% | BRFSS 2008 & 2009 |
| | Ages 18-44 | 24% | 26% | BRFSS 2008 & 2009 |
| | % Ever diagnosed with Substance Abuse Problem | 3.8% | 4.7% | Household Survey |
| | % Current Substance Abuse Problem | 0.1% | 1.5% | Household Survey |
| | % Overdose Past 12 mos (Households) | 0.5% | 0.9% | Household Survey |
| | % have used any street drugs in past 30 days | 4.9% | 5.2% | Household Survey |
| % have used any prescription drugs for non-prescribed purpose in past 30 days | 1.4% | 1.8% | Household Survey | |
| Management | Substance Abuse, Hospital Admission Rate | 419 | 379 | MHDO Hosp Inpatient |
| | Ages 65+ | 98 | 149 | MHDO Hosp Inpatient |
| | Acute Alcohol-Related Mental Disorders, Hospital Admission Rate | 91 | 50 | MHDO Hosp Inpatient |
| | Ages 65+ | 16 | 19 | MHDO Hosp Inpatient |
| | Alcohol-Related Psychoses, Hospital Admission Rate | 142 | 174 | MHDO Hosp Inpatient |
| | Ages 65+ | 33 | 52 | MHDO Hosp Inpatient |
| | Acute Drug-Related Mental Disorders, Hospital Admission Rate | 67 | 39 | MHDO Hosp Inpatient |
| | Ages 65+ | 5.5 | 6.5 | MHDO Hosp Inpatient |
| | Drug-Related Psychoses, Hospital Admission Rate | 120 | 117 | MHDO Hosp Inpatient |
| | Ages 65+ | 44 | 72 | MHDO Hosp Inpatient |
| | Acute Alcohol-Related Mental Disorders, ED Rate | 73 | 131 | MHDO Hosp ED |
| | Alcohol-Related Psychoses, ED Rate | 18 | 28 | MHDO Hosp ED |
| | Acute Drug-Related Mental Disorders, ED Rate | 331 | 297 | MHDO Hosp ED |
| | Drug-Related Psychoses, ED Rate | 75 | 57 | MHDO Hosp ED |
| | Alcohol-Related Mortality Rate (Males) | 18 | 19 | ODRVS Mortality |
| | Alcohol-Related Mortality Rate (Females) | 12 | 10 | ODRVS Mortality |
| | Alcohol Liver Disease, Mortality Rate | 12 | 11 | ODRVS Mortality |
| | Motor Vehicle Accidents, Mortality Rate (Males) | 20 | 21 | ODRVS Mortality |
| | Motor Vehicle Accidents, Mortality Rate (Females) | 12 | 8.0 | ODRVS Mortality |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|--------------------------------|--|----------|--------------|-----------------------|
| REPRODUCTIVE HEALTH | | | | |
| | 2 or more sex partners in past yr (ages 18-34) | 13% | 16% | Household Survey |
| | % used condom last time had sex (ages 18-34) | 27% | 35% | Household Survey |
| | Teen Birth Rate (10-17yrs) Per 1,000 Females | 4.2 | 4.1 | ODRVS Birth |
| Management | High Risk Pregancy, Hospital Admission Rate (10-44 year old females) | 377 | 360 | MHDO Hosp Inpatient |
| | C-Section Rate per 100 births | 29 | 30 | ODRVS Birth |
| | % Adequate Prenatal Care (of live births) | 90% | 91% | ODRVS Birth |
| | % Inadequate Prenatal Care (of live births) | 1.7% | 2.5% | ODRVS Birth |
| | % Low Birthweight (<2500 grams) | 6.2% | 6.4% | ODRVS Birth |
| | % Prematurity (< 37 weeks) | 8.2% | 8.7% | ODRVS Birth |
| | Infant Mortality Rate (deaths to infants from birth through 364 days of age) per 1,000 live births | 6.1 | 5.5 | ODRVS Mortality |
| | Neonatal Mortality Rate (deaths to infants under 28 days) per 1,000 live births | 5.0 | 3.9 | ODRVS Mortality |
| | CHILD/YOUTH HEALTH | | | |
| | % Seriously Considered Suicide | 13% | 14% | MIYHS 2009 |
| | % Current Smoker (Past Month) (Grade 9-12) | 19% | 20% | MIYHS 2009 |
| | % Current Smokeless Tobacco User | 11% | 9.5% | MIYHS 2009 |
| | % Alcohol Use (Past Month) (Grade 9-12) | 32% | 35% | MIYHS 2009 |
| | % Binge Drink (5+ in a row) Past Month) (Grade 9-12) | 21% | 21% | MIYHS 2009 |
| | % Marijuana Use (Past Month) (Grade 9-12) | 24% | 24% | MIYHS 2009 |
| | % Sniffed Glue or Other Inhalant (Past Month) (Grade 9-12) | 10% | 9% | MIYHS 2009 |
| | % Regular Physical Activity (at least 60 min on 5 of last 7 dys) | 38% | 39% | MIYHS 2009 |
| | % Consume fruits and vegetables 5 or more times/day | 15% | 15% | MIYHS 2009 |
| | Teen Birth Rate (10-17yrs) Per 1,000 Female Population | 4.2 | 4.1 | ODRVS Birth |
| Prevalance | % Ever Been Diagnosed with Asthma (0-17) parental report | 8.5% | 6.1% | Household Survey |
| | % Overweight/Obesity Problem (0-17) parental report | 2.0% | 2.0% | Household Survey |
| | % Overweight (Grade 9-12) | 13% | 14% | MIYHS 2009 |
| | % Obese (Grade 9-12) | 12% | 13% | MIYHS 2009 |
| | % with developmental delay or learning disability (0-17) parental report | 2.7% | 4.5% | Household Survey |
| Management | ACSC, ED Rate - Overall PQI (Ages 0-17) | 2,359 | 1,994 | MHDO Hosp Inpatient |
| | ACSC, Hospital Admission Rate - Overall PQI (Ages 0-17) | 143 | 191 | MHDO Hosp Inpatient |
| | Asthma and Bronchitis, Hospital Admission Rate (Ages 0-17) | 149 | 196 | MHDO Hosp Inpatient |
| | Pneumonia, Hospital Admission Rate (Ages 0-17) | 163 | 132 | MHDO Hosp Inpatient |
| | Psychoses Hospital Admission Rate (Ages 0-17) | 527 | 484 | MHDO Hosp Inpatient |
| | Major Depressive Disorder, Hospital Admission Rate (Ages 0-17) | 51 | 85 | MHDO Hosp Inpatient |
| | Bipolar Disorder, Hospital Admission Rate (Ages 0-17) | 439 | 353 | MHDO Hosp Inpatient |
| | Asthma and Bronchitis, ED Rate (Ages 0-17) | 1,084 | 1,145 | MHDO Hosp ED |
| Pneumonia, ED Rate (Ages 0-17) | 820 | 516 | MHDO Hosp ED | |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

| | | Kennebec | Maine | Maine Counties Source |
|----------------------------------|---|----------|-------|----------------------------|
| ORTHOPEDICS | | | | |
| | % Diagnosed Arthritis | 32% | 32% | BRFSS 2007 & 2009 |
| | Ages 65+ | 66% | 59% | BRFSS 2007 & 2009 |
| | Hip Procedures, Hospital Admission Rate | 105 | 93 | MHDO Hosp Inpatient |
| | Ages 65+ | 527 | 452 | MHDO Hosp Inpatient |
| | Head Brain Injury, Hospital Admission Rate | 55 | 57 | MHDO Hosp Inpatient |
| | Ages 65+ | 199 | 180 | MHDO Hosp Inpatient |
| INFECTIOUS DISEASE | | | | |
| | HIV/AIDS, Hospital Admissions Rate | 7.4 | 5.1 | MHDO Hosp Inpatient |
| | Chronic Hepatitis C, Number of Case Reports* | 165 | 1453 | ME CDC Infect Disease 2007 |
| | Sexually Transmitted Disease Incidence Rate: | | | |
| | Gonorrhea | 4.1 | 7.3 | ME CDC Infect Disease 2008 |
| | Chlamydia | 198 | 197 | ME CDC Infect Disease 2008 |
| INTIMATE PARTNER VIOLENCE | | | | |
| | % Ever physically hurt by Intimate Partner | 11% | 12% | Household Survey |
| | % Past yr physical violence or unwanted sex from Intimate Partner | 1.4% | 1.2% | Household Survey |

All rates are per 100,000 population (based on US Census estimates 2008) unless otherwise noted

* A Hepatitis C case report is defined as the presence of any positive serologic marker for Hepatitis C infection. State cases include reports where no county data was available so Maine total exceeds sum of counties.